



BAME Befriending and Signposting

For mental health and wellbeing support and signposting services, please contact:

Telephone: **01482 215929 (option 2)**

Email: **dost@heysmilefoundation.org**

Scan this **QR code** with your smartphone to access our referral form:



HEY Smile Foundation, a company limited by guarantee.

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Company number: 06455490



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